



Australian Government

Australian Sports  
Anti-Doping Authority

FACT SHEET

# Standard Therapeutic Use Exemptions (STUEs)

**PURE**  
PERFORMANCE

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**If an athlete needs to take a substance that is subject to a Standard Therapeutic Use Exemption (STUE) approval process they must:**

1. Download an Australian Sports Drug Medical Advisory Committee (ASDMAC) STUE form, available from the:
  - > ASADA website [www.asada.gov.au](http://www.asada.gov.au), and
  - > ASDMAC website [www.asdmac.org.au](http://www.asdmac.org.au).
2. Complete the ASDMAC STUE application form with their doctor.
3. Submit the completed and signed ASDMAC STUE application form, together with all supporting clinical evidence to ASDMAC via mail, email or fax.
  - > PO Box 345, Curtin ACT 2605 > Email: [asdmac@asda.org.au](mailto:asdmac@asda.org.au) > Fax: 02 6206 0262.
4. ASDMAC will advise their decision with respect to the athlete's STUEs application in writing to:
  - > The athlete as soon as possible once committee has made its decision,
  - > The athlete's doctor; and the athlete's National Sporting Organisation (NSO) only if approval is granted.

**Athletes competing at international level competition must:**

- > contact the relevant NSO or International Federation to check if the International Federation (IF) recognises ASDMAC STUEs, and
- > comply with their IF's TUE process.

**Important Information**

- > ASDMAC is an independent body that complies with Australian privacy legislation, the WADA code and the International Standard for Therapeutic Use Exemptions.
- > ASDMAC is subject to regular audits. ASDMAC decisions are subject to review by WADA.
- > For all STUE renewals a review letter from the athlete's doctor must be provided to ASDMAC.
- > Up to date clinical review letters must be provided with all applications for renewal of an STUE.
- > Athletes may only begin treatment after receiving an authorisation notice from ASDMAC, except in the rare case of an acute life threatening condition for which retrospective therapeutic use approval may be considered.
- > Applications take on average three weeks to process once all documentation is received.
- > Athletes may appeal to WADA for a review of ASDMAC decisions.