

OA High Performance and Coaching Committee meeting

Molong, 3rd April 2021, 4-5 pm

Attendees

Stephen Craig	OA Director High Performance
Natasha Key	OA Head Coach
Fredrik Johansson	OA High Performance Administrator
Jim Russell	OA Assistant Head Coach
Brodie Nankervis	OA Manager Coaching Development
Jim Mackay	OA Administrator Coaching Development
Blair Trewin	OA President
Jamie Kennedy	NSW Coaching Director
Reni Leuenberger	NSW NOL Coordinator
Andrew Lumsden	NSW Technical Director
Evalin Brautigam	OSA Coaching Director
Olivia Sprod	OSA NOL Coordinator
Jon McComb	OT Coaching Director
Clare Hawthorne	OT NOL Coordinator
Caroline Pigerre	OQ Coaching Director
Wendy Read	OQ Coaching Director
Krystal Neumann	OQ NOL Coordinator
Bruce Arthur	OV NOL Coordinator
Carl Dalheim	OV President
Carol Brownlie	OWA Coaching Director

Agenda

1. Introductions – 5 min

Stephen Craig welcomed everyone to the meeting and reiterated the scope of the committee. Introductions were done around the room.

2. High Performance – 20 min

a. International championships

Blair Trewin clarified that Australia will not be sending a team to MTBO WOC or JWOC in Turkey in July. WOC participation may be possible with European-based athletes – TBD.

OA has discussed selecting a JWOC Honour Team to recognise the athletes that would have been representing Australia at JWOC had 2021 been a normal year. Jon McComb pointed out that it needs to be clear what that means. For example, what happens if JWOC goes ahead later in the year and we decide to send a team? Andrew Lumsden asked whether reserves would be picked – likely to be ‘no’ but that also needs to be clarified.

b. NZ tests

Fredrik Johansson presented the idea of a Trans-Tasman League that has preliminary support on both sides of the Tasman. Athletes and other stakeholders may or may not view a potential October round as too much in addition to the Aust Champs and Oceania rounds – TBC.

c. NOL planning

A survey is being sent out to gauge interest in the potential addition of domestic NOL opportunities in a year when the possibilities for international competition will once again be very limited. A decision will be made once the survey results have been analysed.

In the 2022 draft NOL season, the final weekend in May is the main uncertainty at this point. The Events Committee questioned whether it is needed at all. Discussions will continue.

Krystal Neumann asked whether the Melbourne Sprint Weekend will always be a NOL round in Sprint WOC years. Tash Key confirmed that will not always be the case.

d. OA squads

Task Key explained that the OA squads are essentially those from 2019, just with age group adjustments. The intention is to revise them after the NSW South Coast NOL weekend.

e. Online meetings

Two pre-NOL Zoom meetings have been held so far. There were 20 attendees at the first one and 40+ attendees at the second one. They were well received but the meeting agreed it would be good to improve communications going forward so everyone is aware that they are on.

Brodie Nankervis said that help from states is needed to achieve this. Andrew Lumsden suggested to use an OA email list if possible because it will be hard to rely on states to pass on the information.

Olivia Sprod suggested that meeting information be posted online with a link that can be easily shared. The Facebook coaching group was mentioned, but Reni Leuenberger and Krystal Neumann indicated that they are not aware of that group so it does not reach everybody.

Jim Mackay raised that RevSport could be useful since it contains a list of all accredited coaches.

f. Training camps

Brodie Nankervis explained that a national junior development camp is being planned for the July school holidays, probably in Qld. Seniors are welcome too. More details will be available shortly.

There might not be a national December camp organised this year given the proximity to the Oceania Champs in NZ in January.

Evalin Brautigam said that an Adelaide sprint camp would be on again in early 2022.

Tash Key mentioned that there are thoughts on holding a sprint camp between Easter and the Gold Coast NOL weekend in Qld as well.

3. Coaching – 30 min

a. Coaching development and accreditation update

Brodie Nankervis explained that we are just waiting on finalisation of the new coaching syllabus material and then courses will be able to commence.

Wendy Read thought that the new syllabus looks really good. She emphasised that it is worth existing coaches taking time to re-educate with the new framework. It represents a new way of thinking, even for experienced coaches.

Jim Mackay clarified that RevSport contains coaching accreditation data, and the intent is that states should be able to have access and use RevSport as well.

b. OA participant pathway framework

The participant pathway framework was developed by Brodie Nankervis as part of the coaching syllabus review. Brodie explained that it will replace the existing FTEM framework.

c. Sport Integrity Australia Education Plan

Brodie Nankervis outlined the new requirements for orienteering education that are of relevance to athletes, coaches and managers.

d. Disordered eating guideline

Brodie Nankervis informed the meeting that a draft disordered eating guideline will be developed for orienteering based on the Sport Australia template.

e. E-learning platform

Not discussed.

f. Christmas 5 Days coaching

Jamie Kennedy presented his paper on a 3-stream coaching proposal for the Christmas 5-days on days 2, 3 and 4. The meeting agreed that it is a good idea worth developing further. Blair Trewin noted that it fits well with OA's strategy for the coaching area.

4. AOB – 5 min

a. Committee members

The intention is to have one coaching and one performance representative per state. Brodie Nankervis is working on updating the list of committee members.

b. Athlete's Commission

Blair Trewin reminded the meeting that the details of the OA Athletes Commission need to be sorted out since it is a requirement in OA's new constitution.

c. Next meeting

The next OA HP and Coaching Committee meeting was suggested to be online in the June timeframe, e.g. a few weeks before the July training camp.