

INVITATION FOR NATIONAL ORIENTEERING LEAGUE EVENTS

CANBERRA NOL WEEKEND

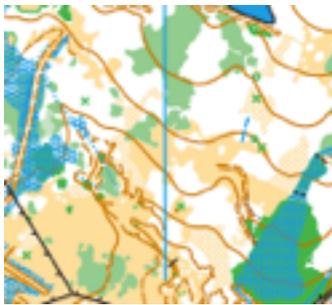
26 & 27 AUGUST 2017

Orienteering Australia and Orienteering ACT invites orienteers, beginners and spectators to a weekend of first class orienteering. Come and enjoy an Ultralong and Match-race Sprint in one weekend!

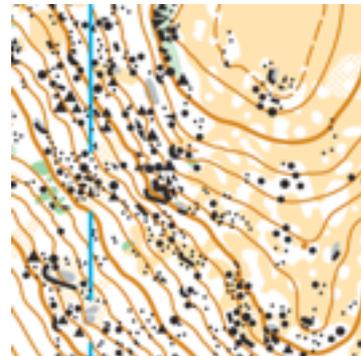
The Ultralong will be held on complex granite terrain at *The Gib*. The bush sprint will be held in lightly forested, erosion gully terrain on a new map known as *Aranda Snow Gums*.

This is the last round of the 2017 National Orienteering League prior to the Australian Championship series in September/October.

Aranda Snow Gums:



The Gib:



1. Programme

Please refer to the 'Major Events' of the OACT web page (<http://act.orienteering.asn.au/events/>) for the latest information.

Race 1: Saturday 26 August 2017

The Gib, near Bungendore NSW

11.00am Start National Orienteering League Ultralong Race, mass start for M21E followed by mass starts for M20E, W21E and W20E at 5 minute intervals.

11.30am Start Public races including ACT League Race 9.

12.30pm Last start for public races.

Race 2: Sunday 27 August 2017

Aranda Snow Gums near Canberra ACT

9.30am First start National Orienteering League Sprint.

11.30am First start public races including ACT League Race 10.

12.30pm Last start public races.

2. Location of events

The Saturday event will be held at Bungendore, about 45km east of Canberra. Entrance to parking will be off the Kings Highway in the Rodeo Grounds. The Sunday event will be held adjacent to the Black Mountain Reserve less than 10km from the centre of Canberra.

3. Terrain

Race 1 - The Ultralong will be at *The Gib* on a 1:10,000 scale with 5 metre contours. The map was first used in 2013 for the Australian Middle Distance Championship. It was mapped by Bob Allison and Hugh Moore. A copy of the previous map will be available at the registration area.

It is a rather steep complex granite area with semi-open and open areas with higher visibility. Runnability is general good although there are areas on the western side where the understory is quite dense making running more difficult. These generally correspond with areas with denser granite outcrops. Much of the ground has a rocky cover providing a trip hazard especially when running at speed.

There will be two map changes for M21E and a single map change for the other three elite courses. These will be at the start adjacent to the assembly area except for W20E where the map change for the second loop will be remote.

Race 2 - All maps will be mapped in accordance with International Specification for Sprint Orienteering Maps. The scale will be 1:5,000 with Contour intervals of 2.5m. It was mapped by Bob Allison.

Aranda Snow Gums is a gully spur area including several erosion gully sections. It includes areas of farmland that are no longer grazed and areas of wooded forest. There are numerous dams on the map and large marshy sections.

The race format for the NOL races will be multiple 'match races'. Competitors will be seeded based on the previous day's Ultralong and go through multiple races with competitors eliminated until the final race consists of only 4 competitors. Overall results (and NOL point allocation) will be based on elimination from heats and then subsequent finals to determine overall order.

4. Entries

Entry will be available through the Australian Eventor website. Entries close on Sunday 13 August at 23:59.

Entry Fees

Junior fees apply to M/W14 - M/W20. Sportident hire is \$2 per entrant, per race.

Race 1 - The Gib (Ultralong): \$40 Senior, \$30 Junior for NOL competitors.

Race 2 - Aranda Snow Gums (Match-race Sprint): Senior \$40, Junior \$30 for NOL competitors.

For the non-elite orienteer:

Both events will be part of the ACT League series (ACT League 9 and 10). The courses at *The Gib* will be the normal 'long' length for the ACT League series but we are looking at using loops of the Ultralong event so you can compare your times with those of Australia's best orienteers. The courses at *Aranda Snow Gums* for NOL competitors will be a match racing format, sprint length. It is anticipated that the public races will also be a form of match racing.

Consistent with the ACT League format, there will be 5 Red courses, 2 Orange Courses, 1 Green Course and 1 Blue Course. Some courses may be combined especially for the Sprint event.

ACT League entrants are encouraged to pre-enter. Enter-on-the-day will be limited.

If you have not used Australian Eventor before, you will need to register before you enter. To avoid making more than one payment, you should tick all the events you wish to enter (ie one or two events) on the calendar before clicking to the next page. Late entries will only be accepted at the discretion of the organisers.

5. Organisation

Race 1: Ultralong - Bushflyers (Organiser: Peter Miller; Course Planners: Patrick and Tristan Miller; Controller: Dennis Trewin; Level 3 Controller/Advisor: Bill Jones)

Race 2: Bush Sprint - Red Roos (Organisers: Ann and John Sutton; Course Planner: Jason McCrae; Controller: Mace Neve)

Ian Prosser is the NOL Advisor.

6. Event Centre

There is no event centre. Chest number collection (elites only), Sportident card collection and any other enquiries can be made at the registration table at each event.

7. Access to the terrain

The IOF and Australian Rules say:

26.5 Any attempt to survey or train in the competition terrain is forbidden, unless explicitly permitted by the organiser. Attempts to gain any information related to the courses, beyond that provided by the organiser, is forbidden before and during the competition.

The organisers have determined that prior to the event both *The Gib* and *Aranda Snow Gums* are embargoed. Given Aranda Snow Gums is close to an urban area in the centre of Canberra it has been determined that it is acceptable for competitors to run/ride along the bike path and drive along the Gunghalin Drive Extension, both of which form borders of the map.

8. Acquaintance with the terrain or map

The IOF and Australian Rules say:

26.6 The organiser shall bar from the competition any competitor who is so well acquainted with the terrain or the map, that the competitor would have a substantial advantage over other competitors.

The organisers are aware that many of the competitors would have run on these areas previously and some may have been involved in course planning. The latter is not true for the highest ranked competitors and we don't believe the top ranked competitors have any significant advantage. Copies of past maps of the both areas will be available at Registration. Part of the Aranda Hill map will be used for *Aranda Snow Gums*.

The Competition Rules for Orienteering Australia Foot Orienteering Events apply to the National Orienteering League events.

9. Event Transport and Accommodation

Competitors should arrange their own transport. There will be plenty of OACT competitors who will provide a lift if necessary.

Competitors should also arrange their own accommodation. There is limited accommodation at Bungendore but many options in Canberra and Queanbeyan.

10. Clothing Restrictions

There are no shoe restrictions or advice on clothing except to be prepared for the weather (see section 11).

11. Weather

A summary of weather conditions for August in Canberra is:

Average high: 13.5° C

Average low: 1.3° C

Record low: -8.5° C

Average rainfall for the month: 48mm

Average rainy days in month: 7.0

The temperatures could be cold. Snow is even possible especially at the Ultralong on Saturday where the altitude is higher than Canberra. Please bring warm clothing and be prepared to wear a second layer of clothing when raining.

12. Insurance and Risk Waiver

Competitors participate in the Canberra NOL Weekend at their own risk. No health, accident, ambulance, disability or life insurance is provided.

13. Information

For further information please see the Major Events page on the OACT website - www.act.orienteeing.asn.au or contact:

Race 1: Peter Miller, peterandalison1@optusnet.com.au,

Race 2: Ann and John Sutton, a.jsutton@netspeed.com.au, 02 62951297

Bulletin 2 will be published early August 2017. It will provide further details on both events.